**STEP 1 Profile Setup**
(Returning users continue to STEP 2)

- All users must have a MyAHEC* account with current mobile phone number on file.
- To create/update a profile or recover your existing username or password, visit http://my.ncahec.net/

**STEP 2 Confirm Attendance**

- **TEXT** the unique session number provided in today’s activity to 336-793-9317.
- A reply will be sent back to confirm attendance in this session.

***IMPORTANT***

- Attendance confirmation will be closed 5 minutes after the session ends.
- Participants are responsible for bringing their phones to the activity and following the texting procedure.
- Sign-in sheets will not be provided as back-up for those who do not bring their phone.
- Participants who neglect to **TEXT IN** will not receive credit.
- All attendees must keep their profile up to date with current mobile phone number used for reporting attendance at http://my.ncahec.net/.

*MyAHEC is an online service of the North Carolina Area Health Education Centers (NC AHEC) Program providing personalized services and resources to North Carolina’s health care professionals. MyAHEC provides services and resources to continuing education participants and presenters including:
  - Search the NC AHEC continuing education calendar for upcoming NC AHEC continuing education events
  - Track your completed continuing education credits using the online transcript
  - Use the presenter’s CE Record service to track continuing education events at which you have presented